

PSHE Rolling Programme- 2026/2027 Year A

	Pippin R / Y1	Maigold Y2	Discovery Y3/4	Camelot Y4/5	Blenheim Y6
Autumn **Online safety**	KAPOW Online Safety: The Online World My Healthy Self – how can we look after our emotions	KAPOW Online Safety: Staying safe online My Healthy Self	KAPOW Online Safety: How should we communicate online? How can I take care of my mind and body?	KAPOW Online Safety: How can we decide what to trust online? How can I make healthy choices?	KAPOW Online Safety: How do I feel about the things I see online? How do my choices today shape my future health?
Spring **Citizenship**	Connecting with others How can we help others and the environment?	Connecting with others How to people build a community	What helps us feel safe and included How can I spend money wisely?	How can we respect each other? How can we make a difference in our community?	What does it mean to stand up for myself? How can we protect everyone's rights?
Summer **Economic wellbeing**	How can I protect myself and others How can I stay safe?	How can we look after and respect our bodies How can I make safe choices?	How will my body and emotions change What signs help me recognise what is safe?	How can I manage the changes to my body? How can we be in control of our money? Also: The changing adolescent body (puberty) Y4 only The changing adolescent body (puberty, including menstruation) Y5 only.	How can I take safe as I grow up? How do people become parents? Also: The changing adolescent body (puberty, including menstruation) Y5 only The changing adolescent body, puberty, (conception, birth- Y6 only.