



Weekly Update: 2nd October 2020

Dear Parents/Carers,

This week seems to have passed very quickly. It certainly feels autumnal, and so it is appropriate that we are moving into the time of year when we celebrate Harvest. In Collective Worship we have been learning about our food, where it comes from and how 'far' some of our foods have travelled. We worked out that the ingredients of a pizza could have travelled thousands of 'food-miles'. We have also looked at the important work of foodbanks, which of course is connected to our own Harvest Festival next week. On Tuesday 6th October, Rev Scott will be leading worship with the children through an on-line platform. We are supporting the work of the local Curry Rivel Area Foodbank, and donations of dried and tinned food are welcomed- the children will present their gifts during the service.

Letters coming home today

You will be receiving 'real' letters today:

- 1) Parents evening information and booking form
- 2) Pupil Premium
- 3) Parental permissions

Shoe Box Appeal

We are joining forces with St Andrew's Church in their Christmas charitable work with the 'Shoebox Appeal'. Despite the difficulties that they face every day, through poverty, illness, disability, or other disadvantages, receiving a shoebox brings such joy to children and adults in Eastern Europe. If you are interested in filling a Christmas Shoebox with gifts, please would you download the leaflet with list of items etc. from the Blythwood Care website at: blythwood.org/shoeboxappeal. I will also make leaflets available to those children who are interested. Your filled boxes can be delivered to school on 2nd November (After the half term break). Please note that this is a completely voluntary activity.

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Safeguarding

Our Designated Safeguarding Lead (DSL) is Ali Pook and our Deputy Designated Safeguarding Lead (DDSL) is Jo Ward. Our safeguarding governor is Charlene Hunsperger.

Here are some useful websites recommended by our Safeguarding Team:

<https://www.nspcc.org.uk/preventing-abuse/keeping-childrensafe/>

<https://www.thinkuknow.co.uk/parents/>

If you have concerns about your child at home or school, contact the school office to book an appointment. Alternatively if you are worried about a child or young person who could be in danger please contact Children's Social Care on 0300 123 2224, by email at childrens@somerset.gov.uk or the police. You can contact the police directly by dialling 101 and they will discuss with Children's Social Care what action should be taken. In an emergency always contact the police by dialling 999. If you would like to speak to a social worker outside of office hours please phone the Emergency Duty Team (EDT) on 0300 123 23 27.

On-Line Safety Information for Parents

Trolling is a form of cyberaggression. It's often mentioned in the news but isn't just confined to those in the public eye. But what is it exactly? What are the risks? And what safety steps can you take? Find out with this guide:

<https://nationalonlinesafety.com/guides/what-parents-need-to-know-about-trolling-online-abuse>

SEND weekly newsletter

This week's SEND weekly newsletter, which shares some information about Special Educational Needs and Disabilities (SEND) 0-25, is available by clicking here.

<https://choices.somerset.gov.uk/025/send-news/>

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Award winners for this week

Class cup:

Pippin: Luca

Maigold: Ruth

Gala: Belle

Discovery: Mia

Camelot: Lottie

Blenheim: Natasza

Lunchtime awards:

Pippin: Jason

Maigold: Darcey J

Gala: Toby W

Discovery: Alex

Camelot: Oscar

Blenheim: Andreea

Head teacher awards: George L (Blenheim)

September merits: Highest average performance from Gala class: Highest achieving house is Quantock

Well-being Wednesday

The children were learning about 'Positivity' this week. Here are some quotes from some of the children:

"Everyone needs to be kind to each other."

"Lots of things make you positive including working hard."

"Saying please and thank you and opening doors for people makes people feel positive."

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Wellbeing Tip of the Week

Transform negative self-talk into positive self-talk.

Negative self-talk can creep up easily and is often hard to notice. You might think *I'm so bad at this* or *I shouldn't have tried that*. But these thoughts turn into internalized feelings and might cement your conceptions of yourself. When you catch yourself doing this, stop and replace those negative messages with positive ones. For example, *I'm so bad at this* becomes *Once I get more practice, I'll be way better at this*. *I shouldn't have tried* becomes *That didn't work out as planned—maybe next time*.

I wish you a good weekend.

Ali Pook

Head Teacher

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