‘The Nest ‘Routine

**Within The Nest we will always endeavour to follow routines from home through information collected from parents and carers regularly. Below is our Nursery routine which is always flexible, sleep and rest time will be planned around information from home.**

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| **Time**  | **Experience / activity**  | **Description**  |
| 7.45-9.00 am  | Welcome and breakfast | Children and their families are welcomed by staff. There is time for families and staff to share information. Children will have breakfast with a member of staff.  |
| 9.15 am | Hello song | Once all children have arrived for the morning a quick ‘ Hello ‘ song will be sang to welcome children and staff . |
| Approx 9.15 am | Free play and exploration | Children will have time to explore a mixture of activities and resources planned for key-person. Where possible free flow will be available between the indoor and outdoor environment. |
| 10.30 am | Snack | Healthy snacks will be provided in accordance to the menu. Snack will be a group time within The Nest. |
| Approx 11.00-11.30 am | Free play and exploration continues  |  |
| 11.45 am | Adult led time  | Staff will offer a mix of stories, singing, music and movement depending on children’s current interests. |
| Approx 12.00  | Wash hands Afternoon children arrive  | Children prepare for lunch. |
| Approx 12.15-1.00 pm | Lunch time  | The Nest children will join the main Nursery for lunch with their key-person. |
| 1.00 pm onwards | Free play and exploration  | Children will have time to explore a mixture of activities and resources planned for by their key-person. Where possible free flow will be available between the indoor and outdoor environment. |
| 2.00 pm | Afternoon snack  | Healthy snacks will be available in accordance to the menu. Snack will be a group time within The Nest. After snack there will usually be ‘ adult led / key-person time ’planned for individual needs and interests . |
| 3.00-3.15 pm | Core day children go home | Staff share children’s day with parents of children going home . |
| 4.45 pm | Tea time | During tea-time children will sit together and where possible will be encouraged to take-turns, self-select and share. At tea-time children from The Nest will usually join the main Nursery. |
| 5.30-6.00 pm | Home time  | Staff share children’s day with parents of children going home. |