

NAME CLASS..... PAYMENT £ OR FREE SCHOOL MEALS

2nd Sept	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Cottage Pie & Broccoli	Roast Chicken Dinner	Traditional Sausage Mash & Peas	Ham & Cheese Macaroni & Salad	Breaded Fish Chips & Sweetcorn
Allergens	<i>Milk Celery</i>	None	<i>Milk Gluten</i>	<i>Gluten Milk</i>	<i>Fish Gluten Egg</i>
Vegetarian	Tomato Pasta & Mozzarella Bake	BBQ Lentil & Mixed Seed Slice	Veggie Sausage Mash & Peas	Jacket Potato Beans & Salad	Vegetable Fingers Chips & Sweetcorn
Allergens	<i>Gluten Milk</i>	<i>Soya</i>	<i>Soya Egg</i>	<i>None</i>	<i>Gluten</i>
Sandwich Choice	<i>Ham Salad Baguette/ Tomato Pasta Pot</i>	<i>Chicken Salad Baps/ Cheese & Egg Salad Pot</i>	<i>Cheese & Ham Panini / Egg Mayo Sandwich</i>	<i>Cheese Salad Wrap/ Chicken Salad Pot</i>	<i>Tuna Pasta Pot / Cheese Salad Bap</i>
Allergens	<i>Gluten Milk/ Gluten</i>	<i>Gluten Milk/Egg Milk</i>	<i>Gluten Milk/Egg Gluten Mustard</i>	<i>Gluten Milk/</i>	<i>Gluten Mustard Egg Fish/ Gluten Milk</i>
Pudding	Apple & Sultana Sponge & Custard	Fruit Yoghurts	Orange Jelly & Vanilla Ice Cream	Cherry & Apple Crumble & Cream	Flapjack
Allergens	<i>Gluten Milk Egg</i>	<i>Milk</i>	<i>Milk</i>	<i>Gluten Milk</i>	<i>Gluten</i>
Fruit	Melon Wedges	Oranges Wedges	Pineapple Chunks	Mixed Pieces of Fruit	Fruit Salad
9th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meatballs in Sauce with Pasta & Salad	Roast Beef Dinner	Breaded Chicken goujons Wedges with Sweetcorn	Chicken in Creamy Sauce Rice and Vegetables	Fish Fingers Smiley Faces and Peas
Allergens	<i>Gluten</i>	<i>None</i>	<i>Gluten Egg</i>	<i>Milk</i>	<i>Fish Gluten</i>
Vegetarian	Quorn Balls in Sauce	Sweet Potato Frittata & Roast Dinner	Veggie Nuggets Wedges & Sweetcorn	Mushroom Stroganoff Rice & Veg	Cheese & Onion Quiche
Allergens	<i>Soya Gluten</i>	<i>Milk Egg</i>	<i>Soya Gluten</i>	<i>Milk</i>	<i>Milk Gluten Eggs</i>
Sandwich Choice	<i>Ham Salad Baguette/ Tomato Pasta Pot</i>	<i>Chicken Salad Baps/ Cheese & Egg Salad Pot</i>	<i>Cheese & Ham Panini / Egg Mayo Sandwich</i>	<i>Cheese Salad Wrap/ Chicken Salad Pot</i>	<i>Tuna Pasta Pot / Cheese Salad Bap</i>
Allergens	<i>Gluten Milk/ Gluten</i>	<i>Gluten Milk/Egg Milk</i>	<i>Gluten Milk/Egg Gluten Mustard</i>	<i>Gluten Milk/</i>	<i>Gluten Mustard Egg Fish/ Gluten Milk</i>
Pudding	Chocolate Sponge Cake & Custard	Fruit Yoghurts	Mandarins & Ice Cream	Apple Crumble & Cream	Doughnut
Allergens	<i>Gluten Milk Egg</i>	<i>Milk</i>	<i>Milk</i>	<i>Gluten Milk</i>	<i>Gluten</i>
Fruit	Melon Wedges	Oranges Wedges	Pineapple Chunks	Mixed Pieces of Fruit	Fruit Salad

PLEASE CIRCLE MEAL CHOICES

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16th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spaghetti Pasta Bolognese & Salad	Roast Turkey Dinner	Sausage Roll Mash & Baked Beans	Chicken Biryani - Mild Dish	Fish Cake Mash & Peas
Allergens	<i>Gluten Celery</i>	None	<i>Gluten Milk Egg</i>	<i>Milk</i>	<i>Gluten Egg Fish Milk</i>
Vegetarian	Roasted Vegetable Pasta Bake	Cheese & Onion Pasty	Chickpea & Sweet Potato & Tomato Sausage Roll	Sweet Potato & Chickpeas Curry	Jacket Potato & Cheese
Allergens	<i>Gluten Milk</i>	<i>Gluten Milk Egg</i>	<i>Gluten Milk Egg</i>	<i>None</i>	<i>Milk</i>
Sandwich Choice	<i>Ham Salad Baguette/ Tomato Pasta Pot</i>	<i>Chicken Salad Baps/ Cheese & Egg Salad Pot</i>	<i>Cheese & Ham Panini / Egg Mayo Sandwich</i>	<i>Cheese Salad Wrap/ Chicken Salad Pot</i>	<i>Tuna Pasta Pot / Cheese Salad Bap</i>
Allergens	<i>Gluten Milk/ Gluten</i>	<i>Gluten Milk/Egg Milk</i>	<i>Gluten Milk/Egg Gluten Mustard</i>	<i>Gluten Milk/</i>	<i>Gluten Mustard Egg Fish/ Gluten Milk</i>
Pudding	Pineapple Sponge & Custard	Fruit Yoghurts	Peaches & Cream	Rice Pudding	Oat & Cranberry Cookie
Allergens	<i>Gluten Milk Egg</i>	<i>Milk</i>	<i>Milk</i>	<i>Milk</i>	<i>Gluten Milk</i>
Fruit	Melon Wedges	Oranges Wedges	Pineapple Chunks	Mixed Pieces of Fruit	Fruit Salad
23rd Sept	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef lasagne Wedges & Salad	Roast Pork Stuffing & Apple Sauce	Homemade Turkey Burgers in a Bun with Vegetable Pasta Salad	Sweet & Sour Chicken & Rice	Breaded Fish Chips & Peas
Allergens	<i>Gluten Milk</i>	<i>Gluten</i>	<i>Gluten Egg</i>	<i>Celery</i>	<i>Gluten Egg Fish</i>
Vegetarian	Sweet Potato & Spinach Lasagne	Vegetable Lentil Tagine	Vegetable Burger	Cheese & Tomato Pizza & Salad	Cheesy Mushroom Bake
Allergens	<i>Gluten Milk Cheese</i>				
Sandwich Choice	<i>Ham Salad Baguette/ Tomato Pasta Pot</i>	<i>Chicken Salad Baps/ Cheese & Egg Salad Pot</i>	<i>Cheese & Ham Panini / Egg Mayo Sandwich</i>	<i>Cheese Salad Wrap/ Chicken Salad Pot</i>	<i>Tuna Pasta Pot / Cheese Salad Bap</i>
Allergens	<i>Gluten Milk/ Gluten</i>	<i>Gluten Milk/Egg Milk</i>	<i>Gluten Milk/Egg Gluten Mustard</i>	<i>Gluten Milk/</i>	<i>Gluten Mustard Egg Fish/ Gluten Milk</i>
Pudding	Banana & Toffee Sponge & Cream	Fruit Yoghurts	Jelly & Ice Cream	Pear & Plum Crumble & Custard	Shortbread
Allergens	<i>Gluten Milk Egg</i>	<i>Milk</i>	<i>Milk</i>	<i>Gluten Milk Egg</i>	<i>Gluten Milk</i>
Fruit	Melon Wedges	Oranges Wedges	Pineapple Chunks	Mixed Pieces of Fruit	Fruit Salad

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30th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Cottage Pie & Broccoli	Roast Chicken Dinner	Cheese & Ham Pizza & Salad	Toad in the Hole Mash & Gravy	Cod Nuggets Spaghetti Hoops & Waffles
Allergens	<i>Milk</i>	<i>None</i>	<i>Gluten Milk</i>	<i>Gluten Milk Egg</i>	<i>Gluten Fish</i>
Vegetarian	Quorn Cottage Pie	Spanish Tortilla	Jacket Potato Coleslaw & Salad	Tomato Pasta Bake	Tomato Soup & Cheese Roll
Allergens	<i>Egg Soya</i>	<i>Milk Eggs</i>	<i>Mustard Egg</i>	<i>Gluten Milk</i>	<i>Gluten Milk</i>
Sandwich Choice	<i>Ham Salad Baguette/ Tomato Pasta Pot</i>	<i>Chicken Salad Baps/ Cheese & Egg Salad Pot</i>	<i>Tuna Panini / Egg Mayo Sandwich</i>	<i>Cheese Salad Wrap/ Chicken Salad Pot</i>	<i>Tuna Pasta Pot / Cheese Salad Bap</i>
Allergens	<i>Gluten Milk/ Gluten</i>	<i>Gluten Milk/Egg Milk</i>	<i>Gluten Milk/Egg Gluten Mustard</i>	<i>Gluten Milk/</i>	<i>Gluten Mustard Egg Fish/ Gluten Milk</i>
Pudding	Apple & Cinnamon Sponge & Cream	Fruit Yoghurt	Blueberries and Chocolate Delight	Lemon Drizzle Sponge	Flapjack
Allergens	<i>Gluten Milk</i>	<i>Milk</i>	<i>Milk</i>	<i>Gluten Egg Milk</i>	<i>Gluten Milk</i>
Fruit	Melon Wedges	Oranges Wedges	Pineapple Chunks	Mixed Pieces of Fruit	Fruit Salad
7th Oct	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meatballs in Sauce with Pasta & Salad	Roast Beef & Yorkshire puddings	Bangers & Mash	BBQ Chicken & Rice with corn on the cob	Breaded Salmon Bites & Pasta Salad
Allergens	<i>Gluten Milk</i>	<i>Milk Egg Gluten</i>	<i>Gluten Milk</i>	<i>None</i>	<i>Gluten Milk</i>
Vegetarian	Macaroni Cheese	Cauliflower Cheese bake	Veggie Sausage & Mash	Vegetable Curry & Rice	Jacket Potato Cheese & Beans
Allergens	<i>Milk Gluten</i>	<i>Milk</i>	<i>Soya Milk</i>	<i>Milk</i>	<i>Milk</i>
Sandwich Choice	<i>Ham Salad Baguette/ Tomato Pasta Pot</i>	<i>Chicken Salad Baps/ Cheese & Egg Salad Pot</i>	<i>Cheese & Ham Panini / Egg Mayo Sandwich</i>	<i>Cheese Salad Wrap/ Chicken Salad Pot</i>	<i>Tuna Pasta Pot / Cheese Salad Bap</i>
Allergens	<i>Gluten Milk/ Gluten</i>	<i>Gluten Milk/Egg Milk</i>	<i>Gluten Milk/Egg Gluten Mustard</i>	<i>Gluten Milk/</i>	<i>Gluten Mustard Egg Fish/ Gluten Milk</i>
Pudding	Carrot Cake	Fruit Yoghurt	Pears & Ice Cream	Banana & Custard	Fruit Smoothie
Allergens	<i>Gluten Egg Milk</i>	<i>Milk</i>	<i>Milk</i>	<i>Milk Egg</i>	<i>none</i>
Fruit	Melon Wedges	Oranges Wedges	Pineapple Chunks	Mixed Pieces of fruit	Fruit Salad
14th Oct	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mexican Pot Pie & Wedges	Roast Gammon Dinner	Creamy Chicken Pasta	Chicken & Sweet Potato Mild Curry & Rice	Tuna Pasta Bake & Sweetcorn
Allergens	<i>None</i>	<i>None</i>	<i>Gluten Milk</i>	<i>Celery</i>	<i>Gluten Milk Fish</i>
Vegetarian	Cheese Omelette & Salad	Quorn Sausages	Feta & Spinach Pasta Bake	Mushroom Stroganoff	Cheese & Tomato Pizza Sweetcorn
Allergens	<i>Eggs Milk</i>	<i>Soya Egg</i>	<i>Gluten Milk</i>	<i>Milk</i>	<i>Gluten Milk Egg</i>
Sandwich Choice	<i>Ham Salad Baguette/ Tomato Pasta Pot</i>	<i>Chicken Salad Baps/ Cheese & Egg Salad Pot</i>	<i>Cheese & Ham Panini / Egg Mayo Sandwich</i>	<i>Cheese Salad Wrap/ Chicken Salad Pot</i>	<i>Tomato Pasta Pot / Cheese Salad Bap</i>
Allergens	<i>Gluten Milk/ Gluten</i>	<i>Gluten Milk/Egg Milk</i>	<i>Gluten Milk/Egg Gluten Mustard</i>	<i>Gluten Milk/</i>	<i>Gluten / Gluten Milk</i>
Pudding	Apple Sponge & Custard	Fruit Yoghurt	Jelly & Ice Cream	Black Current Cheese Cake	Fruit Crumble & Cream
Allergens	<i>Gluten Milk Egg</i>	<i>Milk</i>	<i>Milk</i>	<i>Gluten Milk</i>	<i>Gluten Milk</i>
Fruit	Melon Wedges	Oranges Wedges	Pineapple Chunks	Mixed Pieces	Fruit Salad

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21st Oct	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spaghetti Bolognese & Salad	Roast Pork Dinner	Chicken Goujons Wedges & Corn	Chicken & Ham Pie Mash & Veg	Fish Fingers Smiley Faces & Beans
Allergens	<i>Gluten Celery</i>	<i>None</i>	<i>Gluten</i>	<i>Gluten Milk Egg</i>	<i>Gluten Milk Fish</i>
Vegetarian	Vegetable Lasagne	Veggie Cottage Pie	Sweet Potato Frittata	Cheese & Onion Pasty	Vegetable Fingers
Allergens	<i>Gluten</i>	<i>Soya Egg Milk</i>	<i>Egg Milk</i>	<i>Gluten Egg Milk</i>	<i>Gluten</i>
Sandwich Choice	<i>Ham Salad Baguette/ Tomato Pasta Pot</i>	<i>Chicken Salad Baps/ Cheese & Egg Salad Pot</i>	<i>Cheese & Ham Panini / Egg Mayo Sandwich</i>	<i>Cheese Salad Wrap/ Chicken Salad Pot</i>	<i>Tuna Pasta Pot / Cheese Salad Bap</i>
Allergens	<i>Gluten Milk/ Gluten</i>	<i>Gluten Milk/Egg Milk</i>	<i>Gluten Milk/Egg Gluten Mustard</i>	<i>Gluten Milk/</i>	<i>Gluten Mustard Egg Fish/ Gluten Milk</i>
Pudding	Lemon Drizzle Sponge	Fruit Yoghurt	Peaches & Ice Cream	Strawberry Delight & Berries	Jam Doughnut
Allergens	<i>Milk Egg Gluten</i>	<i>Milk</i>	<i>Milk</i>	<i>Milk</i>	<i>Gluten Milk Egg</i>
Fruit	Melon Wedges	Oranges Wedges	Pineapple Chunks	Mixed Pieces of fruit	Fruit Salad

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