



Weekly Diary

Monday 14 January

After School Club: Dance – all year groups

Tuesday 15 January

After School Club: Netball Club Yrs 4-6

Wednesday 16 January

After School Club: Fun Ball Skills Yrs 1 - 3

Thursday 17 January

No clubs

Friday 18 January

2.45pm Celebration Assembly in the School Hall

After School Club: Fun Multi sports Yrs 4 - 6

Dates for your Diary!

***** Please be aware some of these have changed *****

14 January – 4 March

8 February

11 February

12 February

14 February

15 February

25 February

28 February

28 February

19 March

19 March

21 March

26 March

2 April

3 June to 15 July

Camelot Class swimming **each class has 7 lessons **

PTA Disco

Messy Church in School Hall

Parents Evening meetings – details to follow

Parents Evening meetings – details to follow

Inset day – no clubs

PTA Book Fair all week

Maigold Class swimming **each class has 7 lessons **

Cross Country at Somerton Recreation Ground

CLP Football and Netball Tournaments at Huish (morning)

SAS Netball finals at Westfield Academy, Yeovil (afternoon)

Cross Country 5 at Curry Mallet

Year 3 / 4 Tag Rugby at Somerton RFC

Year 5 / 6 Tag Rugby at Somerton RFC

Pippin Class swimming **each class has 7 lessons **



He came so that we may have life and have it to the full

John 10:10

Dear Parents and Carers

It has been lovely to see all the children's enthusiasm and focus at the beginning of this term. It is hard getting back into the swing of the morning and yet the children have come back with lots of news and smiles.

You will find out about the plans for the term from your child's class teacher. We have various events and activities planned as a whole school including a week-long focus on keeping safe with visits from the PCSO, workshops with the NSPCC and learning about internet safety. World Book Day in March will give us all a chance to dress up and we are having a professional theatre production of The Pilgrim's Progress at the end of term.

We are delighted at the progress that many children made in their reading last term - your input at home was absolutely essential. Every child benefits from reading with an adult - especially the older Y5 and Y6 children. It gives them a chance to talk about new vocabulary, understanding characters' points of views, practising fluency. We try and do as much as we can in school by teaching reading skills, hearing individuals read and discussing comprehension with the class or in groups. Your time then helps consolidate these skills so please do make time for this essential lifelong vital skill.

We will be sorting out the dates for the next Parents' Forum in due course. If you have anything that you would like to discuss, please let me know. Also, it would be useful to know how many of you would like a parents' workshop on maths - how it is now taught, how you can help your child and expectations for different age groups. Look forward to hearing from you!

Kind regards

**Mrs Frances Burns
Acting Head Teacher**

Do you want to know more about dyslexia? Come along to the Huish Community Learning Partnership advice session to find out more and have the opportunity to ask questions.

Dyslexia Awareness with Mark Long on 5th February 6:30pm HEA's main hall

Dear Parents, if you haven't already, please can you return your child's Home School Agreement which was sent home for you to read and sign last term.
Many thanks, from Mrs Horsey



Screen time is in the news again, but parents are still getting mixed messages about how much is 'too much'. Here's how to take a reasonable, flexible approach - and get your kids on board too.

This week, the Royal College of Paediatrics and Child Health released their [report](#) into screen time. The good news is that they haven't found any compelling evidence that screen time is harmful - but unfortunately for the many confused parents out there, there's no definitive line on what a 'safe' amount of screen time looks like, either.

But there are sensible, evidence-based ways to think about screen time limits - and, by getting your kids involved, you can find a solution that really works for your family.

Here's where to start.

1. Remember that not all screen time is the same

Not all online activities are equal: doing something creative or learning new skills are very different from mindless scrolling on social media. Perhaps being online is allowing them to socialise in a positive way - or they're just doing something that they really enjoy. If there are real benefits, then the amount of time they spend doing it is less important.

You know your child better than anyone. As long as screen time isn't interfering with schoolwork or other activities, and isn't having a noticeable effect on their mood, then try not to obsess over the numbers - there's probably no need to panic.

2. How long should kids spend online per day?

That said, most parents will want to set some kind of limit. The '[Goldilocks theory](#)' put forward by academics from Oxford and Cardiff universities suggests that a certain level of screen time can be beneficial, helping children develop their creativity and communication skills. Around 1 to 2 hours daily during the week and a bit longer at the weekends is considered 'just right' for teens - after that the benefits gradually taper off and the negative effects increase. Younger children, aged 4-7 years old, should probably spend no more than an hour a day online - this can go up to around an hour and a half as they get older.

3. Boundaries really do work if you stick to them

The important thing is to get your child involved in the process so that they understand why you're setting limits. Be very clear about your reasons and ask them what they think - getting buy-in at this stage can really help to avoid arguments later on. Remember that teens, in particular, might need to spend longer online to complete their homework.

Once you've agreed the limits, stick to them! It can be tempting to give up in the face of pester power or teenage sulks, but it will get easier every time you stick to your guns.

4. Look out for signs that screen time is having a negative effect

Keep an eye on how your child's screen time may be affecting other areas of their life. If they're spending time with friends and getting enough sleep and exercise, then they may already have a healthy balance. Talk to your child about what they're doing online and get them to think about how it makes them feel when they spend time doing these things. You never know, they may actually agree that staying up late gaming is making them too tired for school the next day, or admit that constant scrolling through social media is starting to affect their self-esteem.

5. Use it as an opportunity to have quality family time

Although it is good to set aside time when the family is not using screens - outdoor activities, chats at meal times, day trips at the weekend - this doesn't mean that you can't also get involved in using screens together. If you know that your child enjoys playing games online, organise a family gaming night or give them ownership to plan something for the whole family to get stuck in. If you take a real interest in what they like to do online, they're more likely to come to you if something goes wrong, or they make a mistake along the way.



Class Cup winners

In **Pippin**: Freddie Howe for super concentration when completing when completing his phonic assessment and for 'wowing'us!

In **Maigold**: Mia Geary for a fantastic description of a pet rabbit and using adjectives.

In **Gala**: Xander Chamberlain for super enthusiasm for our new topic and having a focused approach to his learning.

In **Camelot**: Amy Wadsley for independently checking and editing her writing to make improvements.

In **Blenheim**: Hollie Ainsworth for such enthusiasm and confidence with explaining our Maths.

Lunchtime Award: Zac Pular for excellent behaviour at lunchtimes.

Forest School Award: Teon Paul-Page for making an amazing peacock out of clay.

Little Pips Stars of the week: Elliott Battersby for such a wonderful first week in them main Nursery.

PRO-COACHING WILL BE RUNNING A **MULTI-SPORTS CLUB**
ON **FRIDAYS** AFTER SCHOOL AT CURRY RIVEL PRIMARY SCHOOL
3.15pm – 4.30pm

This course is **open** to all children in **Years 4-6** and costs £12

The course will commence Friday 18th January 2019 and will last 4 weeks.

This course promises great fun while also learning new skills in different sports,

To book your place please book on line at www.pro-coaching.co.uk or hand your form & payment into the school office by Friday 11th January 2019



PRO-COACHING WILL BE RUNNING A **MULTI-SPORTS CLUB**
ON **WEDNESDAYS** AFTER SCHOOL AT CURRY RIVEL PRIMARY SCHOOL
3.15pm – 4.30pm Cost £15

The course will commence Wednesday 16th January 2019 for **Years 1 - 3** and will last 5 weeks.

This course promises great fun while also learning new skills in different sports .

Girls and Boys of all abilities are welcome

Dodgeball, Kurling, indoor football, cricket & tennis are just a few of the sports covered.

Please book on line at www.pro-coaching.co.uk or hand your form & payment into the school office .